

patients. All of these patients were disease free for the mean time of 22 months (ranges; 6 to 51).

Discussion: Our result suggests that, using the frozen-section analysis of NAC during the operation, NASSM can be a reasonable option for selected patients who want immediate reconstruction of breast.

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Poster

Prospective trial of thoracic para-vertebral blockade in immediate latissimus dorsi breast reconstruction

V.R. Velchuru¹, K.P. Murray¹, S. Oosthuysen³, J.H. Pereira¹. ¹James Paget Healthcare NHS trust, Department of General Surgery, Great Yarmouth, United Kingdom; ²James Paget Healthcare NHS trust, Department of Anaesthetics, Great Yarmouth, United Kingdom

Aims: To determine the efficacy of paravertebral block(PVB) in reducing hospital stay, relieving peri-operative pain and reducing other analgesic requirements in patients undergoing skin sparing mastectomy (SSM) with immediate breast reconstruction using a latissimus dorsi flap for breast cancer.

Methods: Consecutive patients (n=52) over a period of 8 years undergoing SSM with pedicle LD reconstruction for breast cancer were offered thoracic PVB as an adjunct to perioperative analgesia. PVB was accepted by, and administered in 23 pts using the greengrass technique. Alternative peri-operative methods of analgesia included (1) patient controlled analgesia (PCA) and (2) oral analgesia. Paracetamol, codeine and NSAIDs were prescribed. Postoperative analgesic requests and length of inpatient stay were tabulated in each group. No significant complications occurred with this procedure.

Results: The mean length of hospital stay was 7.0±0.3 days in the non-PVB group vs. 6.0±0.2 days in the PVB group (P<0.02, Unpaired T test). 27 patients in the non-PVB group (n=29) required a PCA immediately post-surgery compared to only 8 in the PVB group (n=23) (P<0.001, chi square). The mean number of requests for oral analgesia was 26.1 and 12.1 in non-PVB and PVB patients, respectively (P<0.001, Mann-Whitney).

	PVB group (n=23)	Non-PVB group (n=29)
Mean Length of hospital stay (days)	6	7
Number of patients with PCA	8	27
Mean number of oral analgesia requests	12.1	26.1

Conclusions: Immediate LD breast reconstruction is a major procedure and thoracic PVB acts as an important adjunct in postoperative analgesia and reduces hospital stay indicating a comfortable recovery and is not associated with significant complications.

We suggest patients undergoing major breast reconstruction for breast cancer should be encouraged to try thoracic para-vertebral block as a simple method of peri-operative pain relief.

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Poster

Radiotherapy post-immediate breast reconstruction – the cosmetic implications. Results of 10-year practice of a single breast surgeon

A.N. Patel, R. Mihai, Z. Rayter. Bristol Royal Infirmary, Department of surgery, Bristol, United Kingdom

Background: Adjuvant radiotherapy (RXT) and chemotherapy after immediate breast reconstruction (IBR) provides superior loco-regional control, disease-free survival, and overall survival in node-positive breast cancer patients. Planning for IBR is particularly complex because of the difficulties in determining which patients will require post-mastectomy RXT. There is concern that post-mastectomy RXT can adversely affect the aesthetic outcomes of IBR but data published so far is controversial.

Aim: To determine the impact of post-mastectomy RXT in a cohort of patients treated under the care of one Breast Surgeon over 10 years.

Methods: A retrospective review of clinical notes was undertaken. Data were collected from operative, pathological and outpatient clinic notes.

Results: 118 women underwent immediate breast reconstruction between Jan 1995 and Aug 2005. Their mean age at diagnosis was 48.5 yrs (range 26–68 yrs). Postoperative RXT was used in 15/53 patients with LD flap reconstruction with implant, in 6/14 patients with autologous LD reconstruction (i.e. without the use of an implant) and in 11/52 patients with sub-pectoral Becker's prosthesis reconstruction. After immediate breast reconstruction, 79 women had further operations. Nipple reconstruction was performed in 51 women and contralateral mastopexy in 15 women. Complications requiring further operations (capsulotomy, replacement of

implant) occurred in 14/86 of women without RXT and in 7/32 women with adjuvant RXT (p<0.01 χ^2 test).

Conclusion: Using the number of further operations (in particular capsulotomy and revision surgery) as a surrogate marker, it appears that postoperative RXT has a significant impact on long-term cosmetic outcome of breast reconstruction. Formal assessment of aesthetic parameters and prospective collections of clinical information and photographs on such patients should allow a more accurate assessment.

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Poster

Can axillary staging be avoided in a selected group of older women with small non-high grade invasive breast tumours?

J. Benson¹, G. Querci della Rovere², S. Ashley², R. Bonomi².

¹Addenbrooke's Hospital, Cambridge Breast Unit, Cambridge, United Kingdom; ²The Royal Marsden Hospital, Department of Surgery, Sutton, United Kingdom

With an increasing proportion of node negative patients, a selective policy for managing the axilla may be more appropriate. Axillary sampling and sentinel node biopsy are alternative methods for staging the axilla, but observation alone may be an acceptable approach for some patients.

In a retrospective analysis of 355 breast cancer patients with either grade I (≤ 20 mm) or grade II (≤ 20 mm) oestrogen receptor (ER) positive tumours without lymphovascular invasion (LVI), the overall incidence of positive nodes in this good prognostic group of patients was 13% (95% CI 9.5–16.5). When the analysis was confined to grade I tumours (≤ 20 mm) and grade II tumours (≤ 10 mm) the overall incidence of nodal metastases was 10% and only 2.7% of grade I tumours (≤ 10 mm) had nodal involvement.

In a related study of 173 patients with small (≤ 10 mm), non-high grade (I and II), ER positive invasive ductal carcinomas (NST) without LVI, axillary surgery was either omitted (135 patients) or delayed (38 patients) at the time of wide local excision or mastectomy. Rates of axillary recurrence at a median follow up of 36 months were only 1% when axillary surgery was omitted according to patient choice/departmental policy and no cases of uncontrolled axillary recurrence were documented.

	No. of pts (total 355)	Node positive (total 46, 13%)	Number of positive nodes			
			1	2	3	4
Grade I						
1–10 mm	73 (20.5%)	2 (2.7%)	2 (2.7%)	0	0	0
11–20 mm	109 (30.8%)	15 (13.8%)	8 (7.3%)	3 (2.8%)	3 (2.8%)	1 (0.9%)
Grade II						
1–10 mm	69 (19.4%)	8 (11.6%)	3 (4.3%)	1 (1.4%)	2 (2.9%)	(2.9%)
11–15 mm	104 (29.3%)	21 (20.2%)	14 (13.5%)	3 (2.9%)	1 (1.0%)	3 (2.9%)

These results support the conclusion that axillary surgery (staging/therapeutic) can be safely omitted in a selected subgroup of patients for whom the probability of nodal metastases is of similar magnitude to the false negative rates reported for the sentinel node biopsy technique (5–10%) and for whom the risk/benefit ratio for detection of node positive cases does not justify any form of axillary procedure at the time of primary surgery.

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Poster

Effect of cavity shaving on re-operation rate following breast conserving surgery

R. Marudanayagam, R. Singhal, B. Balasubramaniam, I. Paterson. Heart of England Foundation NHS Trust, Breast Surgery, Birmingham, United Kingdom

Background: Breast conserving surgery (BCS) is an acceptable treatment for primary breast cancer but the risk of local recurrence is higher without adequate margin clearance. We were concerned from an audit that our reoperation rate following BCS to achieve microscopic tumour clearance was too high. Hence we introduced cavity shaving at primary surgery 31 months ago. The aim of this study was to determine how cavity shaving affects the re excision rate.

Method: We compared a prospective group of patients (n=394) who underwent BCS with cavity shaving of macroscopically clear margins at primary operation, from March 2003 to September 2005 with a

retrospective group (n = 392) who underwent BCS only from January 2000 to February 2003. Cavity shaves and re-excision specimens were measured and orientated with reference to the primary cancer. Pathological results of all the specimens were analysed and re-excision rate in both groups were recorded. The decision to re-operate was based on the outcome of the multi-disciplinary meeting. Patients who opted for mastectomy or who had multifocal disease were excluded from the study. Statistical significance was assessed using Chi-Square test and accepted if $p < 0.05$.

Results: Compared to BCS alone where 49 of 392 patients (12.5%) required reoperation for margin clearance, only 22 of 394 patients (5.58%) of the group who had concurrent cavity shaves required further surgery ($p < 0.01$). Analysis of re-excised specimens suggested that re-operation could have been avoided in 44 of 49 patients, if they had standard sized cavity shave at primary operation.

Conclusion: We conclude that cavity shavings during primary breast conserving surgery significantly reduce the re-excision rate to achieve microscopic tumour clearance. We would recommend adopting routine cavity shaving at the time of primary BCS.

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Poster

Internal mammary lymph nodes: results of surgical methods of staging and treatment

A. Petrovsky¹, A. Trigolosov¹, I. Sikharulidze¹, Y. Vishnevskaya², M. Nechushkin¹. ¹Russian Cancer Research Center, Radiosurgery, Moscow, Russian Federation; ²Russian Cancer Research Center, Pathology, Moscow, Russian Federation

Background: According to different authors the rate of the internal mammary lymph nodes (IMN) metastasis in breast cancer patients is in the range between 12 and 55%. Unfortunately nowadays there is the lack of the preoperative non-invasive routine techniques for the definite preoperative detection of the IMN involvement.

Methods: During 1998–2005 1269 patients underwent either videothorascopic IMN dissection (VIMND) (828 women) or IMN biopsy (IMNB) through I-III intercostal space (441 women) during regular mastectomy or radical resection of the breast. Only patients with verified IMN metastasis underwent radiation therapy (RT) at this zone. RT at the breast and axilla was performed according to regular indications. All the patients received chemotherapy and hormonal therapy if necessary.

Results: 249 of all the patients (19.6%) had morphologically verified metastasis in IMN. In 5.2% IMN involvement was detected without axillary lymph node metastasis. Very low rate (2.3%) of intra and post-surgical complications connected to VIMND could be registered in all the patients. No specific complications were detected during or after IMNB. No recurrence in parasternal region was detected in non-radiated women in 7-year follow-up period. Overall and disease free survival is better in women who underwent VIMND in comparison with those after IMNB in IMN positive patients.

Conclusion: Both techniques could be recommended to the breast cancer patients for the correct staging. Only patients with verified metastasis at IMN should receive radiation therapy at this zone. VIMND could be considered as a treatment procedure. We are considering of changing radiation modality in IMN positive patients after VIMND.

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Poster

Sentinel lymph node biopsy as an alternative to axillary lymph node dissection after neoadjuvant chemotherapy

S. Lee, E. Kim, S. Kang, S. Kim, S. Kim, Y. Kwon, K. Shin, H. Kang, J. Ro, E. Lee. National Cancer Center, Korea, Center for breast cancer, Koyang, Kyonggi, Korea

We analyzed the data of sentinel lymph node biopsy (SLNB) after neoadjuvant chemotherapy for identification rate, false-negative rate (FNR), negative predictive value (NPV), and accuracy by comparing the results obtained from the patients without chemotherapy. From October 2001 to July 2005, a total of 875 patients who underwent SLNB and axillary lymph node dissection (ALND) at the Center for Breast Cancer, National Cancer Center Hospital were included. 238 of these patients received neoadjuvant chemotherapy. The sentinel lymph node (SLN) was mapped by radioactive colloid alone or in combination with dye. The overall SLN identification rate was 92.5% (809/875): 79.0% (188/238) after neoadjuvant chemotherapy versus 97.5% (621/637) without neoadjuvant chemotherapy. It suggests that the neoadjuvant chemotherapy significantly affects lymphatic mapping ($P < 0.001$). In the patients with neoadjuvant chemotherapy, there were 8 false negatives in 188 successfully mapped tumors with FNR of 6.0% (8/134), NPV of 87.1% (54/62), and an accuracy of 95.7% (180/188). In the patients without neoadjuvant chemotherapy, 26 of 621 patients were false negative with FNR of 7.4% (26/352), NPV of 91.2% (269/295) and

accuracy rate of 95.8% (595/621). These results were not statistically different between two groups ($P > 0.05$).

In spite of decreased identification rate of SLN by neoadjuvant chemotherapy, SLNB could still predict axillary nodal status, and therefore could possibly replace ALND in the presence of successfully identifiable SLNs.

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Poster

Should full axillary clearance be the standard procedure in node positive axilla?

H. Hamed, T. Eastwood, R. Springall, N. Beechey-Newman, I. Fentiman. Guy's Hospital, Academic Oncology, Breast Unit, London, United Kingdom

Management of the axilla in patients with invasive early breast cancer has been one of the most debated issues. As much as 60% of cases with invasive breast cancer have no evidence of axillary node involvement. The emergence of SNB technique has aimed at avoiding radical treatment of the axilla in node negative patients. However there is universal agreement that axilla with evidence of nodal involvement has to be treated adequately at least to minimise local recurrence. However there is not such an agreement to what is adequate? The benefit of radical treatment has to be measured against morbidity. Therefore the rationale for the continuing practice of total axillary clearance is presented in this study.

Methods and Patients: A series of 1565 consecutive cases of invasive breast cancer that had full axillary clearance (Level I+II+III) was studied. Of these 576 (37%) were found to have axillary nodal involvement. The Pathologist was able to identify different groups of nodes as levels were marked during the operation by the surgeon using black sutures. This study is focusing on the 576 cases with involved axillary nodes.

Results: In these 576 cases, 14,469 (average 25) nodes were recovered and 2661 (18.4%) with average number of 4.6 were involved. As expected the majority of nodes recovered were in level I (9215 = 64%) as well as involved nodes (1894 = 71%). Of these 64.6% had involved nodes in level I only, 1.4% in level II, 1.7% in level III and 0.9% in level II+III only. In this series therefore, 4% of the cases had no nodes involved in level I. Level III either alone or with other levels was involved in 22.5% of the cases.

Summary: Although the majority of nodal involvement was limited to level I, there was a substantial number with level II and/or III affected. Limited dissection to level I would have left involved nodes in 35.4% of cases and in 4% would have under staged the diseases. Even if level I+II were cleared, this would have missed 22.5% of cases in whom level III was also involved.

Conclusion: Where there is evidence of nodal involvement, axillary clearance should be performed. Further work is being carried out to identify the subgroups that can be safely treated with less than full axillary dissection and reducing further the morbidity of axillary surgery.

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Poster

Multiple operations to attain therapeutic clearance in breast conserving surgery – a common phenomenon?

A. Patel. Bristol Royal Infirmary, Department of surgery, Bristol, United Kingdom

Introduction: The British Association of Surgical Oncology (BASO) recommends that "90% of women having breast conservation surgery (BCS) should have no more than two therapeutic operations."

Aim: The aim of this study was to determine the incidence of further surgery in patients undergoing BCS.

Methods: 106 patients who had BCS at the Bristol Royal Infirmary for 110 breast carcinomas between January and December 2002 were reviewed retrospectively. Patient demographic and clinico-pathological data was collected.

Results: Patients' mean age was 59 years (range 30–89). Of the total tumours, 22 (20%) had invasive disease only, 16 (15%) were DCIS only, and 72 (65%) had both in-situ and invasive disease. Overall, 32 tumours (29%) required further surgery (28 tumours required 2 operations, 4 tumours required ≥ 3 operations). Factors that were associated with further surgery included age ($p = 0.036$), mammographic size of tumour ($p = 0.03$), macroscopic dimension of tumour ($p = 0.028$), invasive tumour size ($p = 0.003$), histology of invasive ($p = 0.05$) and in-situ ($p = 0.013$) lobular carcinoma and Her-2 receptor status ($p = 0.031$). Interestingly, performing cavity shaves did not significantly reduce the incidence of further surgery ($p = 0.848$).

Conclusion: In accordance to BASO guidelines, 106 cancers (96%) excised via BCS required ≤ 2 operations to attain therapeutic clearance. The identification of factors associated with further surgery may better characterise patients in whom BCS may be challenging.